

# Clovis Unified School District



## **Skill Area:**

Food Service Management and Nutrition Education

**Competencies:** DI 2.3, DI 4.1, DI 4.2, DI 4.4, DI 4.8, DI 4.9, HD 3

## **Intern Duties:**

- Create and teach five classes on marketing and food labels
- Create and teach four classes to preschool parents on MyPlate, healthy meals, and mindful eating
- Create fact sheets for kitchen staff on new school lunch requirements



## **Rotation Reflection:**

Working with the Dietitian at Campus Catering for Clovis Unified School District was an amazing learning opportunity for me. Not only did this experience remind me of my high-school days, but I was able to view school food service from the perspective of a “lunch lady” and not just a student.

Beginning this year in July, new school lunch requirements will be pushed nationally and must be followed carefully in order for schools to be reimbursed for meals served. Because this issue is creating much stress within the district, I was asked to create fact sheets to help simplify the new requirements to the foodservice staff.

In addition, I was asked to teach five high school classes about marketing and food labels, and four classes to preschool parents on MyPlate. This was a great opportunity for me to practice public speaking as well as teach members of the community about topics that are very important to me.